

Contact Us: 613 236 2323 [info@midearth.ca](mailto:info@midearth.ca)

# Best Seller, Canadian Rockies from Calgary, hiking at Johnston Canyon, visit Banff, Jasper, and YOHO 3 parks, 5-days tour

**Tour Code:** NW11

**Departer:**

- APR-30 TO MAY-31, MON,WED,THUR,FRI,SAT,SUN
- JUN-01 TO OCT-07, EVERYDAY

**Itinerary:**

DAY1 Arrive Calgary

DAY2 Calgary-Banff National Parks-Sulphur Mt.-Johnston Canyon

DAY3 Bow Lake-Columbia Icefield-Jasper

DAY4 Jasper National Park-Maligne Lake-Maligne Canyon

DAY5 Lake Louise-Moraine Lake-Yoho National Park-Emerald Lake-Natural Bridge-Calgary

## Overview

Discover Lake Louise, Moraine Lake, Emerald Lake and Peyto Lake on this guided tour from Calgary or Banff. Your trip starts from Banff National Park, a UNESCO World Heritage site. Enjoy one of the most famous "world-class" parkway, Icefield parkway, to the Columbia Icefield. Join the unique experience [Glacier Adventure (Snowcoach+Skywalk)] onto Athabasca Glacier. Cruising on Maligne Lake. Experience the region's most scenic lakes and majestic canyons in Jasper National Parks. Yoho National Park, "rock walls and waterfalls," as an expression of wonder and awe, it can roughly be translated as, "Wow!"

**Pirce:**

Description	Double/pax	Triple/Pax	Quad/pax	Child(0-15yr)	Single/Pax
Tour Fees	CAD1179	CAD1029	CAD847	CAD475	CAD2099
Mandatory Fees	CAD125	CAD125	CAD125	CAD91	CAD125
Inclusions:	<ul style="list-style-type: none"><li>• Hotel accommodations as listed - standard room</li><li>• Bilingual Tour Guide (English and Chinese)</li><li>• Transportation: Air-conditioned tour bus</li></ul>				
Exclusions:	<ul style="list-style-type: none"><li>• Driver/Tour Guide gratuity C\$15/pp/day, airport pick up C\$4/pp/day</li><li>• Activities or admission fees as listed on the itinerary</li><li>• Mandatory Fee</li><li>• Meals &amp; All Personal Expenses such as laundry, phone &amp; travel insurance</li><li>• Any costs caused by force majeure</li></ul>				

D1	<p><b>Arrive Calgary</b></p> <p>Meal: Please arrange by yourself</p> <p>Accommodation: Best Western Calgary Plaza Hotel or Similar</p> <p>Free shuttle service from Airport to Hotel (Please provide your flight details at least 3 days before departure): Meet at arrival terminal, District A, Door No. 1 (outside), The driver will welcome you with a "Westar Travel" sign. Please select your preferred pick-up time:  <b>10:00/12:00/14:00/16:00/18:00/20:00/22:00 at the time of booking.</b></p> <p>Welcome to Calgary! Enjoy the dazzling mountain peaks, lush alpine meadows, blue-green lakes, dense forests, and abundant wild animals. Immerse yourself into the nature and enjoy local delicacies. Your choices of [ Self-Guided City Tour] if you arrived in Calgary before 12:00PM.</p> <p>Admission:</p> <p><b>[ City Self-Explore - Route A] Explore "Calgary CBD" + check out trendy locations + The Core shopping mall (Excluded)</b></p> <p><b>[ City Self-Explore - Route B] Back to the Time at Heritage Park (5hr) (Excluded)</b></p> <p><b>[ City Self-Explore - Route C] Shopping! Shopping! Shopping! @ CrossIron Mills Outlet (5hr) (Excluded)</b></p> <p><b>[ City Self-Explore - Route D] Shopping @ Chinook Centre (5hr) (Excluded)</b></p>
D2	<p><b>Calgary-Banff National Parks-Sulphur Mt.-Johnston Canyon</b></p> <p>Meal: <b>Breakfast:</b> Mandatory Fee <b>Lunch:</b> Additional Charge <b>Dinner:</b> Please arrange by yourself</p> <p><b>**3-Course Lunch at #World Heritage Site [Fairmont Banff Spring Hotel] to enjoy a French style meal. Good looking and bold, The Vermillion Room welcomes you with open arms, a delectable menu and effortless charm. The kitchen serves dishes with French elegance and Canadian charm.**</b></p> <p>Accommodation: Caribou Lodge/Rundlestone Lodge/Aspen Lodge/Canalta Lodge or similar</p> <p>Step into a wonderland with beautiful scenery. Ride the Sulphur Mountain <b>[Banff Gondola (additional charges)]</b> to reach the top of the mountain. At this moment, it seems that a fascinating picture has unfolded. A 3-minute "Above Banff" experience allows you to explore Banff through an eagle-eye perspective with stunning sound effects, advanced visual film processing technology, 3D effect, and perfectly shows the full picture of Banff National Park. (Sightseeing: 70 mins)</p> <p><b>[Banff Hoodoos]</b> Witness the "Devil's Rock" shaped by the force of natural wind erosion, standing on the bank of the Bow River, quietly guarding it like a guardian. (Sightseeing: 15 mins)</p>

	<p><b>Lunch time.</b> Lunch not provided. You may purchase [Meal Package] in advance or your tour guide will offer recommendations on tour.</p> <p><b>[Bow Falls]</b> is not like your typical waterfall, it is wide and short. You can also see the valley that was eroded by glacier activity and the [Bow Falls] over the years. <b>[Surprise Corner]</b> is about a mile from the centre of Banff town. The surprise at the corner of Tunnel Mountain Road in the town of Banff is the sudden appearance and incredible view of the <b>[Fairmont Banff Springs]</b> (Sightseeing: 15 mins)</p> <p><b>[Johnston Canyon]</b> is carved into the limestone bedrock from thousands of years of water erosion. It is truly remarkable how powerful water can be in shaping landscapes. On this hike, you will be immersed into a beautiful scene of overhanging canyon walls, waterfalls, and lush forest. (Sightseeing: 60 mins) (If the attraction is under maintenance or other force majeure, we will go to Lake Minnewanka and Two Jack Lake as an alternative attraction)</p> <p>Hotel Check-in - Enjoy and spend a wonderful night in Banff</p> <p>Recommendations in the evening: <b>[Banff Night Tour (additional charges)]</b> (min. 2 participants, about 2 hours) . You may encounter some fascinating wildlife!</p> <p>Admission:</p> <p><b>Banff Gondola</b> (Excluded)</p> <p><b>National Park Pass</b> (Mandatory)</p> <p><b>Breakfast</b> (Mandatory)</p>
D3	<p><b>Bow Lake-Columbia Icefield-Jasper</b></p> <p>Meal: <b>Breakfast:</b> Mandatory Fee <b>Lunch:</b> Additional Charge <b>Dinner:</b> Please arrange by yourself</p> <p><b>**Hot Lunch Combo at [Columbia Icefield Centre] with a hot meal. Chalet offers warm, casual, and friendly style featuring freshly prepared food with grab-and-go service that makes it easy to get back to your next Rocky Mountain adventure.**</b></p> <p>Accommodation: Lobstick Lodge/Athabasca Hotel/Marmot Lodge</p> <p>Say goodbye to Banff and begin another journey in <b>[Jasper National Park]</b>. Along the way you will see <b>[Crowfoot Glacier]</b>. Stop by <b>[Bow Lake]</b>, the lake is a bright turquoise color which is due to the glacial runoff from Bow Glacier. Historical Simpson's <b>[Num-Ti-Jah]</b> is located on the shores of Bow Lake at the foot of <b>[Mount Jimmy Simpson]</b>. (Sightseeing; 30 mins)</p> <p>Joining Banff with Jasper National Park is one of the most scenic highways in the world. The famous <b>[Icefields Parkway]</b> has been voted one of the most scenic highways in the world by National Geographic magazine.</p>

Along the way, stop at **[Peyto Lake]** for its beautiful shape like a Maple. (Sightseeing; 20 mins) , (If the attraction is under maintenance or other force majeure, we will go to Waterflow Lake as an alternative attraction)

Lunch time. Lunch not provided. You may purchase [Meal Package] in advance or your tour guide will offer recommendations on tour.

**[Columbia Icefield]** is the largest ancient icefield in the Canadian Rockies.

A ride on the **[Ice Explorer]** (additional charges) to explore **[Athabasca Glacier]**. Discover a different perspective of the remarkable scenery as you peer into what seems like the heart of the planet through a glass-bottomed **[Skywalk]** (additional charges). The [Columbia Icefields Skywalk] arches out away from the building approximately 280 m above the valley floor, offering an amazing mountainous view of **[Sunwapta Valley]** on either side of the skywalk and directly beneath you. (2 activity Sightseeing: 150 mins)

**[Athabasca Falls]** in Jasper National Park is not the highest or widest waterfall in the Canadian Rockies but it is the most powerful. (Sightseeing: 30 mins)

Drive to **[Town of Jasper]**, the simple folk style, vast space that makes us return to nature. [Jasper National Park] is a designated **UNESCO World Heritage Site**.

Hotel Check-in - Enjoy and spend a wonderful night in Jasper.

Admission

**Columbia Icefield Glacier Explorer (Snowcoach)** (Excluded)

**Columbia Icefield Skywalk** (Excluded)

	<p><b>National Park Pass</b> (Mandatory)</p> <p><b>Breakfast</b> (Mandatory)</p>
D4	<p><b>Jasper National Park-Maligne Lake-Maligne Canyon</b></p> <p>Meal: <b>Breakfast</b>: Mandatory Fee <b>Lunch</b>: Additional Charge <b>Dinner</b>: Please arrange by yourself</p> <p><b>**Lunch Buffet at [Maligne Canyon Wilderness Kitchen], Inspired by an iconic natural landmark that's rich in history, the Maligne Canyon Wilderness Kitchen serves up a smokehouse-flavoured menu seasoned with exploration and adventure.**</b></p> <p>Accommodation: Caribou Lodge/Roundstone Lodge/Aspen Lodge/Canalta Lodge or similar</p> <p>Check out from Jasper hotel</p> <p>(Itinerary revisions including departure time and waiting areas may be made according to the situation to ensure a smooth and productive journey)</p> <p><b>[Medicine Lake]</b> This intriguing lake is a place of mystery and Indian legend. Due to a unique underground drainage system, the water level of the lake varies from season to season ... sometimes it disappears! Discover the world-famous <b>[Spirit Island]</b> only accessible by boat, on a cruise that has been running for over 60 years in Jasper. The <b>[Maligne Lake Cruise]</b> (additional charges) was once declared the "Best Boat Cruise in Canada" by 8 million Reader Digest subscribers. (Seasonal/*Alternative attraction: Pyramid Lake, Patricia Lake *). Option to take [Maligne Lake Cruise (additional charges)] The boat drives approximate 22 km to the [Spirit Island] The island is a spiritual place for the Stoney Nakoda First Nation, who believe mountains are physical representations of their ancestors. (Sightseeing: 90 mins)</p> <p>Get ready to explore <b>[Maligne Canyon]</b>, located 1.8 km past the Jasper exit. <b>[Maligne Canyon]</b> is the deepest canyon in Jasper National Park. Some areas of the canyon reach a depth of more than 50 m. (Sightseeing: 30 mins)</p> <p><b>Lunch time.</b> Lunch not provided. You may purchase [Meal Package] in advance or your tour guide will offer recommendations on tour.</p> <p>South of the Icefield Avenue, in addition to the beautiful scenery of the Rocky Mountains, the <b>[Saskatchewan River Crossing]</b> is an interesting place to stop for a short rest. This place was named [The Crossing] because back in the 19th century, travelers and fur traders would use this spot to cross the North Saskatchewan River on their way to the beautiful province of British Columbia.</p> <p>Admission</p> <p><b>Maligne Lake Cruise</b> (Excluded)</p> <p><b>National Park Pass</b> (Mandatory)</p> <p><b>Breakfast</b> (Mandatory)</p>

D5	<p><b>Lake Louise-Moraine Lake-Yoho National Park-Emerald Lake-Natural Bridge-Calgary</b></p> <p>Meal: <b>Breakfast:</b> Mandatory Fee <b>Lunch:</b> Additional Charge <b>Dinner:</b> Please arrange by yourself</p> <p><b>**Lunch Buffet at [Ski Lake Louise], The menu is thoughtfully created using many of the finest seasonal ingredients sourced from local &amp; boutique purveyors. You will have the time to choose a gondola ride to the top of mountain and enjoy the particular view of the surrounding area.**</b></p> <p>Pass by [Castle Mountain]. You cannot live up to the scenery along the way and it brings you to another unique landscape.</p> <p><b>[Lake Louise]</b> known for its turquoise, glacier-fed lake ringed by high peaks, overlooked by a stately chateau and backed by [Victoria Glacier] and elevated by <b>[Fairmont Chateau Lake Louise]</b> (Sightseeing: 75mins)</p> <p><b>[Moraine Lake]</b> (Open Seasonal/*Alternative Attractions: Two Jack Lake, Lake Minnewanka*). Its waters are the most amazing color, a vivid shade of turquoise that changes in intensity throughout the summer as the glaciers melt. Set in the rugged Valley of the [Ten Peaks], Moraine Lake is surrounded by mountains, waterfalls, and rock piles, creating a scene so stunning it almost seems unreal. (Sightseeing: 45 mins)</p> <p><b>Lunch time.</b> Lunch not provided. You may purchase <b>[Meal Package]</b> in advance or your tour guide will offer recommendations on tour.</p> <p>Visit <b>[Lake Louise Gondola]</b> (additional charges) at <b>[Lake Louise Ski Resort]</b>. The mountainous scenery here is immaculate. (Sightseeing: 60 mins)</p> <p>Pass by [Spiral Tunnel] This section of the Canadian Pacific Railway carried too much blood and tears of railroad workers and history. Next stop is <b>[Emerald Lake]</b>. The beautiful blue-green color of Emerald Lake is created by sunlight reflecting off a white layer of "marl" on the lakebed. (Sightseeing: 20 mins)</p> <p>Stop at the <b>[Natural Bridge]</b> along the way and admire the Kicking Horse River as it carves a path through ancient rock. You can hear the roar of the disappearing water churning and ejecting beneath the bridge to further reinforce the move in making this a legitimate waterfall. (Sightseeing: 15mins)</p> <p>Admission  <b>Ski Lake Louise Sightseeing Gondola</b> (Excluded)  <b>National Park Pass</b> (Mandatory)</p> <p>Pease ensure that your flight departs after 9:30 pm. (**Please understand that depending on the situation, your arrival time in Calgary may be adjusted **)</p> <p><b>Drop-off Place:</b>  Canalta Lodge, address: 545 Banff Avenue T1L 1B5, Banff, AB T1L 1B5;  Delta Calgary Downtown, Address: 209 4th Ave SE, Calgary AB T2G 0C6;  Best Western Premier Calgary Plaza, Address: 1316 33rd St NE, Calgary AB T2A 6B6;</p>
----	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

## **Travel Notice :**

1. If your itinerary includes airport pick-up and drop-off service, please provide accurate flight information and arrive at the designated pick-up location in advance. If the pick-up or designated pick-up location is mistaken due to inaccurate information you have provided, you will be charged C\$30/pp for a second pick-up service.
2. According to different hotel operation requirements, you may be required to provide credit card information as a deposit during your stay for miscellaneous expenses and incidental guarantees (such as telephone expense, laundry, catering).
3. Before your trip, if you need any assistance, you are welcome to call our customer service:  
**613 236 2323, 613 236 5226**
4. All activities and meals must be booked in advance. Please understand that no additional bookings will be provided during the tour.
5. During the tour, please arrive at the pick-up location at the time scheduled by the tour guide. Do not be late to avoid delaying other tourists' itinerary. If you are late or miss the transportation we have provided, you are responsible (at your own expense) to meet the group at the next designated meeting location.
6. During your trip, the tour guide may pick-up or drop-off travelers accommodated at different hotels. The tour guide will make reasonable arrangements according to the presented situation. Please cooperate and understand, thank you.
7. During your trip, there may be different vehicles and tour guides serving you.
8. If for any reason you need to leave our group during the trip, you must fill out a "Letter of Liability Release"; no
9. Guests under 16 years old, must be accompanied by an adult (Age 18 or above).
10. In the event of traffic, weather, or other circumstances not under our company's control, or if you are unable to participate in activities included in the itinerary due to personal reasons, no refunds will be given.
11. If you have special needs (such as but not limited to: bed type, vegetarian options, high-chairs, etc.) please inform us at least 7 days before your trip. We will do our best to accommodate you, but there is no guarantee
12. It is strongly recommended that you purchase travel insurance for your personal benefit.
13. MidearthTravel is not responsible for any transportation cancellations or delays, climate change, or any other travel safety issues within the trip that are caused by circumstances not under our company's control.

## **Cancellation Policy**

- 0 to 15 days prior to tour start, 100% is non-refundable;
- 16 to 30 days prior to tour start, 75% is non-refundable;
- 31 to 45 days prior to tour start, 50% is non-refundable;
- 46 to 90 days prior to tour start, a \$100 dollar services fee will be applied.

## 第一天：渥太華 - 卡爾加里

飛機抵達卡爾加里 機場後，由專人接待，送往酒店休息。

中午十二時前抵達之團友，可以自由選擇加訂自選自費活動項城會玩行程。

城會玩半日遊 A：【行走“卡村 CBD”+ 打卡網紅地標 + The Core 購物中心】（不含卡爾加里塔門票，共 5 小時）

城會玩半日遊 B：【民俗文化村時光旅行】（含民俗文化村門票，共 5 小時）

城會玩半日遊 C：【奧特萊斯 Outlets 購物】（共 5 小時）

城會玩半日遊 D：【奇努克中心歡樂購】（共 5 小時）

## 第二天：卡爾加里 - 硫磺山 - 瓊斯頓峽谷 - 班夫國家公園

今日遊覽【班夫國家公園 Banff National Park】。搭乘硫磺山【班夫觀光纜 Banff Gondola（自費）】（遊覽時間：70 分鐘），抵達山頂，此時的眼前，仿佛展開了一幅令人心馳神往的畫捲，多感官詮釋落基山高山生態繫統。自由觀賞 3 分鐘《Above Banff》，用鷹眼的視角，震撼的音效、貼近裸眼 3D 效果，極盡完美地展現班夫國家公園的全貌。

【魔鬼岩 Hoodoos】（遊覽時間：15 分鐘）歲月流淌，自然風蝕之力塑造的“魔鬼岩”，佇立在弓河河岸上方，猶如衛士，靜靜守護。

青山襯白銀，氣勢磅礴的【弓河瀑布 Bow Falls】（遊覽時間：15 分鐘）波濤洶湧奔騰地“大江東去”。在【驚喜角 Surprise Corner】（遊覽時間：15 分鐘），用鏡頭記錄下班夫鎮上永不消逝的傳奇酒店。

遊覽【瓊斯頓峽谷 Johnston Canyon】（遊覽時間：60 分鐘），潺潺的水流激揚而下，在平緩處呈現出翠綠或碧藍的色彩，徒步在山與水之間的天然氧吧，寧靜而緻遠。（如遇景區維護等不可抗力原因關閉，則替換遊覽明尼汪卡湖、雙傑克湖）晚上入住班夫酒店。

夏日白天時長，遊覽意猶未盡？跟隨班夫達人的腳步，參加【班夫夜遊 Banff Night Tour】活動（自費加訂，2 人起訂，遊覽時間約 2 小時），走訪可愛的國家公園“當地居民”動物們的休憩之地，或許你會偶遇上它們閒庭漫步，與之共賞落日晚霞之美。

## 第三天：冰原大道 - 哥倫比亞冰原 - 賈斯珀

早上約 09:30 分從班夫酒店出發，沿途眺望【鴨爪冰川 Crowfoot Mt. 】，首站停靠【弓湖 Bow Lake】（遊覽時間：30 分鐘），鏡面般剔透的湖水倒映出了落基山的碧海藍天。守護在湖畔的【Num-Ti-Jah 旅店】，講述了落基山傳奇向導吉米湯普森家族的故事。

轉角來到楓葉狀的【佩投湖 Peyto Lake】（遊覽時間：20 分鐘）（如遇景區維護等不可抗力原因關閉，則替換遊覽 Waterflow 水鳥湖），如鑲嵌在落基山山谷中一道碧藍的裙帶。

“美好的風景在路上”，接下來的公路之旅，便是被《國家地理雜誌》評為“北美漂亮的景觀公路”的 93 號【冰原大道 Icefield parkway】，高山草甸、森林湖泊、雪山瀑布、仿若一座可以頂禮膜拜的神廟。

本日午餐由您自由安排【冰原中心景觀自助餐廳】（遊覽時間：60 分鐘）一切盡在眼前，在得天獨厚的冰原中心景觀自助餐廳用餐，無疑是一次難得的旅行紀念。大自然百萬年的日積月累，成就了眼前的【哥倫比亞冰原】。



搭乘【冰原雪車 Snowcoach (自費)】行走在【阿薩斯卡冰川 Athabasca Glacier】之上，體感冰雪的溫度。踏上 280 米高的【天空步道 Skywalk (自費)】，盡收【桑瓦普塔河谷 Sunwapta Valley】於眼底，雲霧起時，如漫步雲端。（兩項活動遊覽時間：150 分鐘）

冰雪融化侵蝕形成的【阿薩斯卡瀑布 Athabasca Falls】（遊覽時間：30 分鐘）如千軍萬馬浩瀚蕩漾。驅車前往公園的心臟與靈魂之所在的【賈斯珀鎮 Jasper Town】，純樸的民風，廣袤的空間，今夜返璞歸真，回歸自然，並安排酒店入住。晚間自由活動推薦：入夜在鎮上 Jasper Brewing Co.來一杯小酒，沈浸在北美西部輕鬆的氣氛當中。或行走淳樸小鎮，看古香古色的火車站，聽印第安人的故事。

#### 第四天：賈斯珀 - 瑪琳湖 - 班芙

賈斯珀酒店出發。（賈斯珀出發時間可能根據活動項目時間有所調整，請以導遊通知為準）

曲徑通幽，途經【巫藥湖 Medicine Lake】，盡頭處抵達【瑪琳湖 Maligne Lake】，選擇搭乘【瑪琳湖遊船 Maligne Lake Cruise (\*季節性景點 自費)】（遊覽時間：90 分鐘）行駛涓涓細流 22 公裏的惡魔湖之上。來到“上帝開會的地方”【精靈島 Sprite Island】。（5 月 30 日前行程或因天氣原因，瑪琳湖遊船不開放，以上行程將替代為：【金字塔湖】、【派翠西亞湖】）

隨後前往大自然鬼斧神工之力造就的【瑪琳峽谷 Maligne Canyon】（遊覽時間：30 分鐘）是落基山脈非常壯觀的峽谷之一。峽谷由冰川侵蝕而形成，呈現出不同的峽谷，淺灘地貌，您可相信，在百萬年前這裏曾被浩瀚的海洋覆蓋？午餐不含，可選加定美食套餐於賈斯珀小鎮的餐廳享用（遊覽時間：60 分鐘）

餐後離開小鎮，南下冰原大道，除去數不清的美麗風光，落基山還是一個野生動物世界，麋鹿，山羊，甚至是黑熊等等，不經意之間就從窗口略過。沿途經停【十字口 The Crossing】休息站，稍作休息後返回入住班夫酒店。晚間自由活動推薦：漫步弓河畔，讓旅行慢在日常生活的川流不息中。

#### 第五天：露易絲湖 - 夢蓮湖 - 優鶴國家公園 - 班芙/卡爾加裏

西行途經層次分明的【城堡山 Castle Mountain】，不容辜負沿途光景，即將帶來另一片無與倫比的風光。素有“野外藍寶石”之美譽的【露易絲湖 Lake Louise】(遊覽時間：75 分鐘)背依【維多利亞冰川 Victoria Glacier】，三面環山，山水倒影。籠罩在叢山峻林之下的【露易絲湖城堡酒店 Fairmont Chateau Lake Louise】如在畫中，盡顯優雅。

遇見【夢蓮湖 Moraine Lake】(遊覽時間：45 分鐘)（季節性開放/\*替代景點：雙傑克湖, 明尼萬卡湖\*），像是一場美麗的邂逅。它被公認為世界上有拍照價值的湖泊，在登上湖邊冰磧石小山那一刻，擡頭是連綿的【十峰山 Ten Peaks】，低頭是寶石般絢爛的湖水，在驚嘆大自然美麗饋贈的同時，多希望時間靜止在這一刻。

【雪場自助餐】(遊覽時間：60 分鐘)美景與美食，升級旅行體驗。夏日裏的露易絲湖滑雪場，褪去冬裝換上碧綠的衣裙，愜意春風輕拂撲面。

途經【螺旋隧道 Spiral tunnel】，這一段路承載了太多太平洋鐵路工的血與淚。繼續前行，進入【優鶴國家公園 Yoho National Park】，來到幽靜的【翡翠湖 Emerald Lake】，山水倒影，紅色的獨木舟在寧靜的湖面蕩起層層碧波。(遊覽時間：20 分鐘)踢馬河水日積月累沖刷形成的【天然橋 Natural Bridge】(遊覽時間：15 分鐘)跨越河道之上，與蒼松遠山淺灘組成了一副美麗的畫卷。下午約 17:45 分，經停【班夫鎮 Banff Town】後，驅車返回卡爾加裏。如您需要銜接當天晚上離開卡爾加裏的航班，請預定 21:30 分以後起飛的航班，以免耽誤您的行程。